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ru Pal Singh Sidhu, Medical Superintendent of the hospital, a team of doctors, including Dr Sham Sunder and Dr Anuradha Verma, examined the visitors for general diseases. Laboratory tests and ECG were done without charges and medicines were given free of cost. Mr Ashwani Sharma, secretary, Punjab Pradesh Congress Committee, along with Mr Gurdial Singh, secretary of the District Congress Committee, inaugurated the camp. OC

HEALTH CAMP: The Krishna Breast Cancer Care Trust will hold a lecture on breast cancer and check-up camp at the Lakshmi Ladies Club here on Wednesday. According to Mr Sanjeev Arora, one of the trustees, a team of doctors, comprising Dr

J.S. Sekhon, Dr D.S. Sandhu and Dr G.S. Brar, all oncologists, will examine the visitors. OC

Samrala

ONE KILLED: One person was killed and five were injured, including Sub-Inspector Jatinder Singh of the Punjab Police, in an accident between a truck and a police vehicle near Kotla Shamashpur village on the Ludhiana-Chandigarh road, 5 km from here, on Tuesday. Raju of Bilaspur village died on the spot while Jai Kumar Yadav, Hari Yadav, Tarun Yadav, Sanjay Yadav were injured. A case has been registered. OC

SEED PRODUCTION CAMP: Krishi Vigyan Kendra, Samrala, organised a seed-production

Camp on breast cancer

EXPRESS NEWS SERVICE

LUDHIANA, OCTOBER 18



An expert delivers a lecture on breast cancer at Lakshmi Ladies Club. Ravi Kanojia

A FREE medical check-up camp and lecture was organised by Krishna Breast Cancer Care Charitable Trust at Lakshmi Ladies Club.

It was attended by around 125 club members who were enlightened by Dr JS Sekhon and Dr GS Brar, oncologists at Dayanand Medical College and Hospital.

They laid stressed on the fact that the main cause of breast cancer is poor dietary habits and an indisciplined daily routine. They said if breast cancer is diagnosed early, then it can be successfully treated, but not in later stages. As many as 32 women got themselves examined.

'Timely detection is best protection'

n MORE THAN 32 women were examined and 125 others took part in a lecture delivered by oncologists at Laxmi Ladies Club. The visiting doctors recommended a healthy lifestyle and proper diet to prevent cancer.

Dr J.S. Sekhon and Dr G.S. Brar from DMCH delivered lectures on breast cancer.

The doctors stressed upon the importance of a balanced diet. "Timely detection is the best cure for women and if detected early, cancer deaths could be minimised", they said.

HTC, Ludhiana