

Over 300 examined at medical camp

OUR CORRESPONDENT

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Over 300 patients were examined at a free medical camp organised by a team of doctors from the Dayanand Medical College and Hospital (DMCH) and Hero DMC Heart Institute (HDHI) at Rupalon village, near Dora-ha, yesterday.

The camp was held in association with the Krishna Breast Cancer Care Charitable Trust, Ludhiana.

Patients suffering from

breast cancer, heart disease and gynaecological problems were examined by specialists. A specialist to deal with general medical problems was also present.

The camp saw patients from around 10 villages in the surrounding area.

Free tests like ECHO, ECG and blood sugar level were conducted and medicines were given free of cost.

Dr G.S. Wander, Chief Cardiologist at the HDHI, was among those doctors present at the camp.

Besides examining patients, he provided them counselling on lifestyle. He said certain countries had seen a significant drop in the number of deaths from heart attacks over the past 30 years largely due to healthy lifestyle.

A balanced diet, regular exercise, mental relaxation and avoiding smoking were the essential for leading a healthy lifestyle.

Other specialists were Dr J.S. Sekhon, Dr G.S Brar, Dr Narinder Jain and Dr Shweta Gupta.